

REFORMER AND CONTEMPLATIVE (15 OCT 1582)

COLLECT: (*Remain Standing*)

O God, by your Holy Spirit you moved Teresa of Avila to manifest to your Church the way of perfection: Grant us, we pray, to be nourished by her teaching, and enkindle within us a keen and unquenchable longing for true holiness; through Jesus Christ, the joy of loving hearts, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

First Reading: Jonah 1:1-17 (*Please be seated*)

Reader: A reading from the book of Jonah.

Now the word of the Lord came to Jonah son of Amittai, saying, 'Go at once to Nineveh, that great city, and cry out against it; for their wickedness has come up before me.' But Jonah set out to flee to Tarshish from the presence of the Lord. He went down to Joppa and found a ship going to Tarshish; so he paid his fare and went on board, to go with them to Tarshish, away from the presence of the Lord.

But the Lord hurled a great wind upon the sea, and such a mighty storm came upon the sea that the ship threatened to break up. Then the mariners were afraid, and each cried to his god. They threw the cargo that was in the ship into the sea, to lighten it for them. Jonah, meanwhile, had gone down into the hold of the ship and had lain down, and was fast asleep. The captain came and said to him, 'What are you doing sound asleep? Get up, call on your god! Perhaps the god will spare us a thought so that we do not perish.'

The sailors said to one another, 'Come, let us cast lots, so that we may know on whose account this calamity has come upon us.' So they cast lots, and the lot fell on Jonah. Then they said to him, 'Tell us why this calamity has come upon us. What is your occupation? Where do you come from? What is your country? And of what people are you?' 'I am a Hebrew,' he replied. 'I worship the Lord, the

God of heaven, who made the sea and the dry land.' Then the men were even more afraid, and said to him, 'What is this that you have done!' For the men knew that he was fleeing from the presence of the Lord, because he had told them so.

Then they said to him, 'What shall we do to you, that the sea may quieten down for us?' For the sea was growing more and more tempestuous. He said to them, 'Pick me up and throw me into the sea; then the sea will quieten down for you; for I know it is because of me that this great storm has come upon you.' Nevertheless, the men rowed hard to bring the ship back to land, but they could not, for the sea grew more and more stormy against them. Then they cried out to the Lord, 'Please, O Lord, we pray, do not let us perish on account of this man's life. Do not make us guilty of innocent blood; for you, O Lord, have done as it pleased you.' So they picked Jonah up and threw him into the sea; and the sea ceased from its raging. Then the men feared the Lord even more, and they offered a sacrifice to the Lord and made vows.

But the Lord provided a large fish to swallow up Jonah; and Jonah was in the belly of the fish for three days and three nights.

Reader: The Word of the Lord.

People: Thanks be to God

Psalm

Reader: Let us pray together the words of **Psalm 6**.

1 Lord, do not rebuke me in your anger; *
do not punish me in your wrath.

2 Have pity on me, Lord, for I am weak; *
heal me, Lord, for my bones are racked.

3 My spirit shakes with terror; *
how long, O Lord, how long?

4 Turn, O Lord, and deliver me; *
save me for your mercy's sake.

5 For in death no one remembers you; *
and who will give you thanks in the grave?

6 I grow weary because of my groaning; *

every night I drench my bed
and flood my couch with tears.

7 My eyes are wasted with grief *
and worn away because of all my enemies.

8 Depart from me, all evildoers, *
for the Lord has heard the sound of my weeping.

9 The Lord has heard my supplication; *
the Lord accepts my prayer.

10 All my enemies shall be confounded and
quake with fear; *
they shall turn back and suddenly be put to shame.

Acts 26:24-27:8 (*Please be seated*)

Reader: A reading from the book of Acts.

While he was making this defence, Festus exclaimed, 'You are out of your mind, Paul! Too much learning is driving you insane!' But Paul said, 'I am not out of my mind, most excellent Festus, but I am speaking the sober truth. Indeed the king knows about these things, and to him I speak freely; for I am certain that none of these things has escaped his notice, for this was not done in a corner. King Agrippa, do you believe the prophets? I know that you believe.' Agrippa said to Paul, 'Are you so quickly persuading me to become a Christian?' Paul replied, 'Whether quickly or not, I pray to God that not only you but also all who are listening to me today might become such as I am—except for these chains.'

Then the king got up, and with him the governor and Bernice and those who had been seated with them; and as they were leaving, they said to one another, 'This man is doing nothing to deserve death or imprisonment.' Agrippa said to Festus, 'This man could have been set free if he had not appealed to the emperor.'

When it was decided that we were to sail for Italy, they transferred Paul and some other prisoners to a centurion of the Augustan Cohort, named Julius. Embarking on a ship of Adramyttium that was about to set sail to the ports along the coast of Asia, we put to sea, accompanied by Aristarchus, a Macedonian from Thessalonica. The next day we put in at Sidon; and Julius treated Paul kindly, and allowed him to go to his friends to be cared for. Putting out to sea from there, we sailed under the lee of Cyprus, because the winds were against us. After we had sailed across the sea that is off Cilicia and Pamphylia, we came to Myra in Lycia. There the centurion found an Alexandrian ship bound for Italy and put us on board. We sailed slowly for a number of days and arrived with difficulty off Cnidus, and as the wind was against us, we sailed under the lee of Crete off Salmone. Sailing past it with difficulty, we came to a place called Fair Havens, near the city of Lasea.

Reader: The Word of the Lord.

People: Thanks be to God.

Luke 8:40-56 *(Please stand as you are able)*

Priest: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: Glory to you, Lord Christ.

Now when Jesus returned, the crowd welcomed him, for they were all waiting for him. Just then there came a man named Jairus, a leader of the synagogue. He fell at Jesus' feet and begged him to come to his house, for he had an only daughter, about twelve years old, who was dying.

As he went, the crowds pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years; and though she had spent all she had on physicians, no one could cure her. She came up behind him and touched the fringe of his clothes, and immediately her haemorrhage stopped. Then Jesus asked, 'Who touched me?' When all denied it, Peter said, 'Master, the crowds surround you and press in on you.' But Jesus said, 'Someone touched me; for I noticed that power had gone out from me.' When the woman saw that she could not remain hidden, she came trembling; and falling down before him, she declared in the presence of all the people why she had touched him, and how she had been immediately healed. He said to her, 'Daughter, your faith has made you well; go in peace.'

While he was still speaking, someone came from the leader's house to say, 'Your daughter is dead; do not trouble the teacher any longer.' When Jesus heard this, he replied, 'Do not fear. Only believe, and she will be saved.' When he came to the house, he did not allow anyone to enter with him, except Peter, John, and James, and the child's father and mother. They were all weeping and wailing for her; but he said, 'Do not weep; for she is not dead but sleeping.' And they laughed at him, knowing that she was dead. But he took her by the hand and called out, 'Child, get up!' Her spirit returned, and she got up at once. Then he directed them to give her something to eat. Her parents were astounded; but he ordered them to tell no one what had happened.

Priest: The Gospel of the Lord.

All: Praise to you, Lord Christ